



SAN FRANCISCO
BAY AREA
WATER
TRAIL

Kiteboarding Overview





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Kiteboarding Overview

- Equipment
- Facilities / space needed
- Launch / landing process
- Safety procedures
- Best locations around the Bay Area



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Kiteboarding Overview

- Equipment
 - Kite (various sizes)
 - Bar, lines, leash, and pump
 - Board
 - Harness
 - PFD
 - Wetsuit





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Kiteboarding Overview

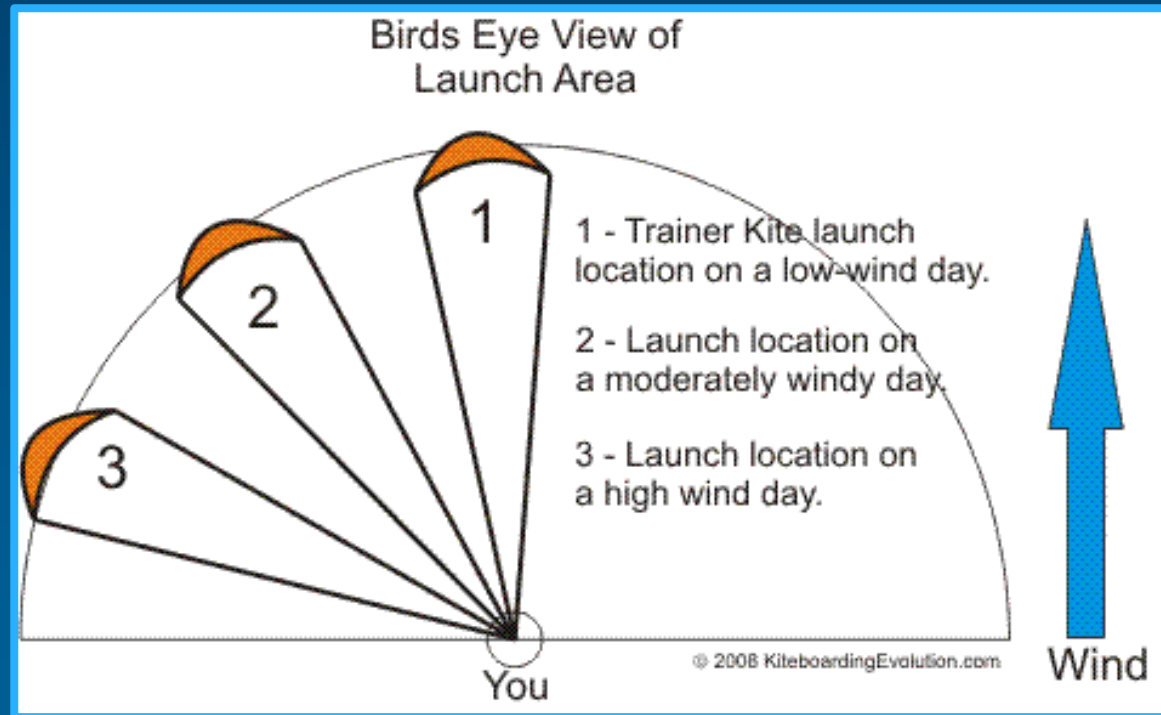
- Kiteboard needs
 - Consistent winds, preferably onshore
 - Space
 - Generally, 100+ foot clear space
 - Stronger wind = shorter lines
 - High winds = 65-foot lines
 - Low winds = 85-foot lines



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Kiteboarding Overview

- Launch / landing process
 - Choose launch location depending on wind window



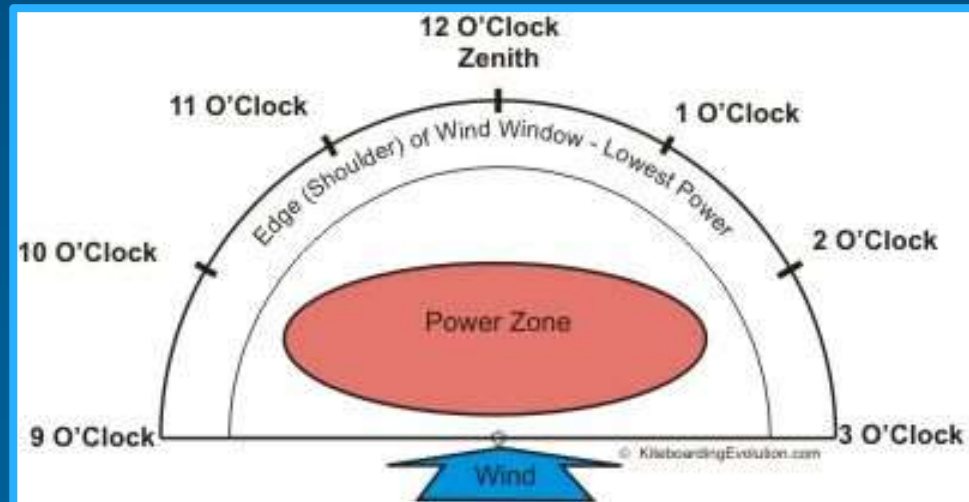
KiteboardingEvolution.com



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Kiteboarding Overview

- Launch / landing process
 - Finding wind window
 - Find direction of the wind
 - Stand with back to wind
 - Extend arms straight out to both sides
 - Everything downwind is your window



KiteboardingEvolution.com



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Kiteboarding Overview

- Launch process
 - Unpack, inflate, and secure kite
 - Layout lines and get in position depending on wind window
 - Attach safety leash
 - Have partner hold up kite to catch wind
 - When kite has filled with wind, have partner let go and pull on control bar
 - Walk to edge of wind window, put on board, and go!



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Kiteboarding Overview

- Landing process
 - Fly kite to edge of wind window
 - Slow movements to work kite towards ground at either 3 or 9 o'clock positions (perpendicular to wind)
 - Gently land kite on ground at edge of wind window
 - Walk to kite and secure it



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Kiteboarding Overview

- Safety
 - Before you go out
 - Take lessons!
 - Check equipment and attach lines correctly
 - Always choose right size kite for conditions
 - Know weather forecast
 - While riding
 - Keep eye on weather for any changes
 - Keep distance from follow riders / crafts
 - Know limits
 - Never sail farther from shore than you can swim
 - Know how to self-rescue



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Kiteboarding Overview

- Bystander safety
 - Launch in area that has sufficient space
 - Never allow anyone between you and kite
 - Be sure people know when you are launching
 - Once kite is launched, proceed immediately to the water
 - Educate and be courteous to onlookers



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Kiteboarding Overview

- Best locations around the Bay Area
 - East Third Avenue / Baywinds
 - Coyote Point
 - Crown Beach
 - Toll Plaza Beach
 - Point Emery
 - Albany Beach (Racetrack)
 - Crissy Field
 - Benicia
 - Vincent Park
 - Brisbane/Oyster Point
 - Sherman Island



Photo: Boardsports





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Kiteboarding Overview

- Resources for kiteboarders
 - Bayareakiteboarding.com
 - ikitesurf.com
 - SF Boardsailing Association
 - Lessons
 - Kite415 – SF, Brisbane, Oyster Point
 - Kite Naked – Benicia
 - Wind Over Water – Coyote Point
 - Boardsports – Crown Beach, Coyote Point